



GOLD TRAINING
AND COUNSELLING
SERVICES LTD

A university credit rated

Bereavement Counselling Diploma

Gold Training and Counselling Services Ltd
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Gold Training has been running the course for nine years

We are committed to pushing the boundaries towards excellence in counselling training

Learning hours for Unit 1, Unit 2 and home study are not less than 230 hours

The Course

The course was designed twelve years ago to provide a thorough theory and skills knowledge for anyone interested in bereavement counselling. Many courses provide theory and skills, the Gold Training course is the only course with such an intensive experiential learning unit. Extensive video work provides an excellent learning base.

Literature reviews and presentations also mean that participants are challenged with interpersonal skills, presentation skills and personal confidence.

Participants are empowered to learn in a supportive, trusting and non-judgmental atmosphere.

Course Programme

The course consists of two units. Unit 1 covers counselling skills and bereavement counselling. Unit 2 includes bereavement theory and an extensive amount of video recording of participants counselling.

A monthly seminar takes place on the mandatory reading for the course.

Within the course, specific topics on bereavement are covered, film reviews of general release films enable participants to assess the influence of films on public perceptions of grief.

New and exciting training not included in other Bereavement Counselling Courses

Course Content

- Aspects of loss
- Analysis of personal grief learning
- Grief process studies
- Rapport building skills
- Personal death awareness
- Metaphors in grief
- Baby death
- Suitcase syndrome
- Language patterns in counselling
- Abnormal grief
- Multi-cultural aspects of grief
- Film reviews
- Grief and the elderly
- Family history recording
- Video analysis of participants counselling

Course Validation

At present the course is validated by the University of Greenwich at 30 units level2 and 30 units level 3 (degree level).

The course is evaluated in writing by the participants at the end of each unit. Changes to the course do occur as a result of such evaluations.

The course requires commitment in a supportive learning environment

The rewards are great

Assessment

The University of Greenwich monitor and participate in the assessment of each participant on the course.

Assessment is by:

- Written essays on personal grief and video analysis
- Peer assessment
- Skills assessment by course director and participant using an agreed assessment scale

Participants must pass Unit 1 before proceeding to Unit 2. Written work deadlines are set. Failure to meet the deadlines results in a 30% reduction in marking. The pass mark is 40% on all written assignments. Course participants must pass both units to receive the Diploma, otherwise a certificate of attendance will be awarded.

Timetable

The course is run over one year on 12 weekends. An 80% attendance (10 weeks out of 12) is required to pass the course.

Please see dates and times on application forms.

Venues

Please see our website - www.goldtraining.co.uk - for venues currently available.

Accommodation

Overnight accommodation, if required, must be arranged by participants of the course.

The cost of this accommodation is in addition to the course fees.

Fees *(See application form for details)*

The course represents
excellent value for
money

Fees are kept as low as possible to cover overheads for the running of the course. You will notice this if you compare prices with other one year accredited courses. We are confident that the course is value for money.

Methods of payment.

1. A deposit of £1000 is payable to secure a place on the course. The balance becomes payable at the start of the course.
2. Payment of the course can be spread over two financial years (one payment before March and the second payment after April).
3. Installment payments for the balance of the fees may be available *by prior arrangement* only.

All cheques should be made payable to Gold Training and Counselling Services Ltd.

The course material affirms the skills participants already have and seeks to build confidence & competence.

Who will benefit from such a course?

The course was originally designed for healthcare professionals. Many other professional groups have benefited from the excellent training. The course entry requirement is that applicants have completed at least a foundation course in counselling skills.

About Gold Training and Counselling Services Limited

Even better standards of training is the foundation for all Gold Training activities.

Gold Training has been in existence for twelve years providing a number of high quality training courses in bereavement, counselling, stress management, self esteem and other topics.

The University of Greenwich monitor the standards for the Bereavement Counselling Diploma and an annual report on the course is produced by a University inspector.

Gold Training and Counselling Services Ltd can mount in-house training by negotiation.

Teaching Staff

All the teaching staff on the Diploma are carefully chosen for their expertise and experience. The course approach adheres to the standards set out in the framework of ethics published by the British Association of Counselling and Psychotherapy.

The Course Director and staff are committed to enabling skilled people develop even more skills for the benefit of grieving people.

About the Course Director

Until 1997, Ian Woodroffe worked as the Chaplain of Mayday Healthcare NHS Trust. He worked as the Staff Counsellor at Epsom and St Helier NHS Trust involved in staff counselling and counselling training for three years. He is now a freelance trainer and consultant. Ian is an accredited BACP Counsellor and Supervisor.

Ian has specialised in working with the dying and the bereaved for 25 years. He has trained for CRUSE and has produced teaching videos for grief training. He was involved with General Practitioner training programmes and in-house training for doctors. He currently works in the Neonatal Services at Addenbrookes Hospital, providing psychological support for families. He has contributed to radio and television programmes on loss and grief and is known to be a clear communicator.

Places are allocated to the first 12 firm bookings.

You are advised to secure your place early.

Application Procedure

1. Prospective participants need to complete the application form and provide two referees.
2. Applicants must send the necessary finance with their application.

Nobody who has been bereaved within the last 2 years should apply for the course.

As the course contains considerable video work and other material which makes demands upon participant, all participants must have personal support outside of the course.

Comments from a previous course participant

I started the Diploma in Bereavement Counselling at the same time I started a new job as a bereavement counsellor. The knowledge and skills I learnt and developed on the course have been immensely helpful in my career.

When I started the Diploma I was really apprehensive, the style of the course is very different from any other course and I was worried it wouldn't be right for me. I am glad I chose to do the Diploma because I have learnt so much from it. I value the great insight I have been given into bereavement and the way people grieve. Ian puts a lot of himself into the course and has a huge amount of knowledge, experience and skill that he is generous in sharing with the group.

The presentations that we had to do were always fun, each member of the group found a different way of presenting their subject and it really helped making the learning fun. One of the most valuable learning experiences though was the part that at first seemed most daunting and that was the video work. I found the peer feedback very reassuring and I found Ian's feedback really constructive and helpful. I have been able to use the valuable support I was given at the time in my role as counsellor and I feel it has really helped me be constructive in my own practice.

I am so pleased I chose to do the Diploma: it was worth all the travelling. I met and made some really good friends. I learnt a lot about bereavement, loss and grief and that I take with me. I am grateful for the personal growth that was allowed to happen and for where I am today.

If there was a follow on Part 2, I would definitely apply for it to carry on learning.

Jane Donnelly.

Past participants are happy to be contacted about the course. Please contact Gold Training for more details.